



Membership comparison

Standard memberships only at QuickFit Delacombe
Excludes special or promotional memberships

	FLEXI	MARATHON	MINI-VAN	UPFRONT (3 + 6 MONTHS)	UPFRONT (12 MONTHS)	CASUAL GYM USE
No lock-in contract	✓	✗	✓	✗	✗	✗
Locked in contract for 12 months	✗	✓	✗	✗	✗	✗
Suspensions/holds available (min 7-day notice)	✓	✓	✓	✓	✓	✗
24/7 access fob - \$25	✓	✓	✓	✓	Included in membership	✗
24/7 gym access	✓	✓	✓	✓	✓	Staffed hours only
Start-up program (PT1)	✓	✓	✓	✓	✓	✗
Personal training session (PT2)	✓	✓	✓	✓	✓	✗
Group fitness classes included	✓	✓	✓	✓	✓	✗
Access to Members Only Fitness Motivation Facebook group	✓	✓	✓	✓	✓	✗
Access to all QuickFit Health Clubs (excluding group fitness classes)	✓	✓	✓	✓	✓	✗
14 day written cancellation required	✓	✓	✓	✗	✗	✗
No sign up fee	✓	✓	✓	✓	✓	✓